

# **SIMPLY BEAUTY**

OF CHISWICK

GET TO KNOW THE TREATMENTS WE OFFER

**Our A-Z**

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## Apollo Pollogen

Apollo Pollogen is a clinically advanced non-invasive treatment that uses TriPollar® radiofrequency technology to deliver focused heat deep into the dermis and subcutaneous layers. This targeted energy stimulates collagen and elastin production while promoting natural fat metabolism for contouring and firming results. The device offers safe and comfortable treatments with built-in temperature control, making it suitable for both facial and body areas. Apollo Pollogen is particularly effective for loose or ageing skin, stubborn fat pockets, and skin laxity, offering visible improvements in skin tone and body shape without downtime.

### Benefits

- Stimulates collagen and elastin production
- Tightens sagging or lax skin on face and body
- Helps contour areas with stubborn fat deposits
- Smooths and firms the skin surface
- Non-invasive with no pain or recovery required
- Improves skin texture and circulation
- Suitable for post-weight loss or postnatal skin

### Areas Treated

*Face, Neck, Décolletage, Abdomen, Flanks, Hips, Thighs, Buttocks, Arms, Back*

## Arosha Body Wrap & Pressotherapy

The Arosha Body Wrap combined with Pressotherapy is a dual-action treatment designed to target cellulite, improve skin tone, and promote lymphatic drainage. AROSHA wraps are infused with active ingredients such as caffeine, escin, and centella asiatica, which help to firm the skin, stimulate microcirculation, and improve skin elasticity. When paired with pressotherapy, a mechanical compression therapy that stimulates the lymphatic and venous systems, the treatment enhances the detoxification process, reduces fluid retention, and accelerates metabolic activity. This synergy creates visible inch loss and smoother skin texture after a course of treatments.

### Benefits

- Firms and tones skin with active cosmetic ingredients
- Stimulates lymphatic drainage and reduces water retention
- Improves the appearance of cellulite and uneven texture
- Enhances circulation and metabolic activity
- Non-invasive and comfortable treatment
- Encourages body detoxification and skin oxygenation
- Suitable for post-operative recovery & body contouring plans

### Areas Treated

*Abdomen, Thighs, Hips, Buttocks, Arms, Calves, Ankles, Lower Back*

## Arosha Wave 2.0

Arosha Wave 2.0 is an advanced body treatment that combines targeted body wraps with ultrasound and electro muscle stimulation (EMS) to support slimming, toning, and detoxification. The treatment uses functional cosmetics rich in active ingredients such as caffeine, laminaria, and carnitine to aid lipolysis and fluid drainage. Simultaneously, EMS gently contracts muscles to enhance firmness and muscle tone, while ultrasound improves blood flow and disrupts fat cells through cavitation. This triple-action protocol effectively reduces localised fat, improves skin quality, and promotes lymphatic flow, offering noticeable contouring results.

### Benefits

- Supports body slimming and targeted fat breakdown
- Enhances muscle tone with EMS technology
- Improves lymphatic drainage and detoxification
- Reduces the appearance of cellulite and puffiness
- Activates blood circulation and skin metabolism
- Non-invasive alternative to surgical contouring
- Effective for body sculpting and postnatal care

### Areas Treated

*Abdomen, Waist, Hips, Buttocks, Thighs, Arms, Lower Back, Flanks*

## BioRePeel

BioRePeel is a revolutionary biphasic (two-phase) chemical peel that combines exfoliation with deep skin regeneration using a blend of trichloroacetic acid (TCA), amino acids, and vitamins. Unlike traditional peels, it works from the inside out, stimulating fibroblast activity and collagen production without causing visible peeling or extensive downtime. The lipophilic (oil-based) phase protects the skin barrier, while the hydrophilic (water-based) phase delivers active ingredients deep into the dermis. It is ideal for clients seeking brighter, clearer and smoother skin with minimal disruption to their routine.

### Benefits

- Resurfaces skin without excessive visible peeling
- Brightens and evens skin tone for radiant complexion
- Reduces pigmentation, acne, and enlarged pores
- Stimulates collagen and elastin production
- Hydrates and strengthens the skin barrier
- Suitable for face and body use across all skin types
- Minimal discomfort with no downtime

### Areas Treated

*Face, Forehead, Cheeks, Nose, Chin, Jawline, Neck, Décolletage, Back, Shoulders, Buttocks, Hands*

## BTL Shock Wave

BTL Shock Wave therapy is a non-invasive treatment that uses acoustic wave pulses to target cellulite, reduce fat deposits, and tighten the skin. These radial waves penetrate deep into the connective tissue to break down fibrous septae, improve lymphatic drainage, stimulate collagen synthesis, and increase blood circulation. As a result, the treatment visibly improves the appearance of dimpled skin, enhances elasticity, and helps reshape problem areas. BTL Shock Wave is often used in combination with other body treatments to maximise results and is suitable for all skin types with no downtime.

### Benefits

- Breaks down cellulite and fibrous tissue
- Firms and tightens loose or ageing skin
- Boosts collagen and elastin regeneration
- Enhances lymphatic drainage and circulation
- Reduces the appearance of stretch marks
- Pain-free and suitable for all skin types
- Improves body contour and skin smoothness

### Areas Treated

*Thighs, Buttocks, Hips, Abdomen, Flanks, Arms, Back, Lower Legs*

## Carboxytherapy

Carboxytherapy involves the injection of medical-grade carbon dioxide (CO<sub>2</sub>) gas into the skin or subcutaneous tissue to enhance circulation, oxygenation, and tissue regeneration. The controlled introduction of CO<sub>2</sub> triggers the Bohr effect, encouraging red blood cells to release oxygen at the treatment site, which stimulates collagen production, breaks down fat deposits, and improves skin elasticity. It is widely used to reduce cellulite, fade stretch marks, rejuvenate the under-eye area, and firm sagging skin. Carboxytherapy is safe, minimally invasive, and effective on both the face and body with little to no downtime.

### Benefits

- Improves localised blood flow and skin oxygenation
- Stimulates collagen and elastin regeneration
- Reduces cellulite and stubborn fat deposits
- Fades dark circles and under-eye hollows
- Smooths stretch marks and skin irregularities
- Firms sagging or ageing skin tissue
- Enhances skin tone and texture

### Areas Treated

*Face, Neck, Décolletage, Under-Eyes, Abdomen, Thighs, Buttocks, Arms, Hips, Flanks*

## CO2 Laser Resurfacing



CO2 Fractional Laser is an ablative laser resurfacing treatment that uses fractionated carbon dioxide laser energy to target and remove damaged skin cells layer by layer. This stimulates the skin's natural healing response, encouraging new collagen production and resulting in smoother, firmer, and more youthful skin. By creating micro-injuries surrounded by untouched tissue, recovery is faster than traditional resurfacing. It is highly effective for deep wrinkles, acne scars, pigmentation, and severe sun damage. This treatment is advised in combination with PRP (Platelet-Rich Plasma) for better healing and stronger collagen production.

### Benefits

- Resurfaces skin and reduces deep wrinkles and lines
- Treats acne scarring and sun damage effectively
- Evens tone and texture with improved luminosity
- Stimulates deep collagen production for firmness
- Reduces enlarged pores and surface irregularities
- Creates a tighter, smoother skin appearance
- PRP combination enhances healing and outcomes

### Areas Treated

*Full Face, Neck, Décolletage, Hands, Scars, Stretch Marks, Chest, Abdomen*

## Deep Cleansing Hydrofacial

A Deep Cleansing Hydrofacial is a multi-step treatment that combines gentle exfoliation, deep pore vacuum suction, hydration infusion, and antioxidant protection to rejuvenate the skin. Using vortex-fusion technology, it clears congestion, removes impurities, and replenishes moisture, leaving the skin refreshed and glowing. This treatment is suitable for all skin types and targets both superficial and deeper skin concerns, making it ideal for regular maintenance or as a preparatory step before more advanced procedures.

### Benefits

- Gently exfoliates and removes dead skin cells
- Extracts blackheads and clears clogged pores
- Delivers intensive hydration and antioxidant infusion
- Promotes smoother, brighter, healthier skin
- Reduces fine lines, dullness, and uneven texture
- Improves skin tone and oil regulation
- Safe and effective for all skin types with no downtime

### Areas Treated

*Face, Neck, Jawline, Décolletage, Back*

## Dermapen Microneedling

Dermapen Microneedling is a targeted skin rejuvenation treatment that uses a motorised handheld device equipped with fine, sterile needles to create controlled micro-injuries in the skin. These micro-channels trigger the body's natural wound-healing response, stimulating the production of new collagen and elastin while improving cellular turnover. The Dermapen allows for adjustable depth and precision, making it ideal for treating both large and delicate areas. This treatment visibly improves skin texture, tightness, and tone with minimal downtime and high accuracy.

### Benefits

- Visibly refines skin texture and tightens pores
- Reduces acne scars and surface irregularities
- Promotes collagen and elastin production
- Enhances absorption of active ingredients
- Brightens dull and uneven skin tone
- Smooths fine lines and early signs of ageing
- Suitable for delicate or hard-to-reach areas

### Areas Treated

*Full Face, Forehead, Cheeks, Nose, Chin, Neck, Décolletage, Jawline, Under Eyes, Hands, Acne Scars, Stretch Marks, Scalp (Hair Growth Stimulation)*

## Dermaplaning

Dermaplaning is a gentle, non-invasive exfoliation treatment that uses a sterile surgical blade to manually remove dead skin cells and fine vellus hair (peach fuzz) from the skin's surface. This physical exfoliation leaves the skin smoother, brighter, and better able to absorb topical skincare. The procedure requires no downtime and is suitable for most skin types, making it an ideal choice for achieving instant radiance before events or as part of a regular skincare routine. Results are immediate and the skin feels noticeably softer.

### Benefits

- Gently exfoliates dead skin for a polished finish
- Enhances product penetration and absorption
- Removes peach fuzz for a smoother makeup base
- Instantly brightens and evens out skin tone
- Stimulates cell regeneration without chemicals
- Safe for sensitive or reactive skin types
- Improves rough or dry skin texture

### Areas Treated

*Full Face, Forehead, Cheeks, Chin, Jawline, Upper Lip, Nose, Neck*

## DMK Enzyme Body Treatment



The DMK Enzyme Body Treatment is a results-driven paramedical therapy designed to revise and restore the skin's natural functions across the body. Using a unique combination of transfer messenger enzymes, this treatment stimulates the circulatory and lymphatic systems to oxygenate tissue, flush toxins, and promote healthy cellular activity. The formulation works deep within the skin's structure to strengthen weakened capillaries, dissolve dead cell build-up, and encourage the skin to function optimally. It is particularly effective for improving texture, treating pigmentation, ingrown hairs, acne on the body, and areas of uneven tone or cellulite.

### Benefits

- Stimulates circulation and oxygenates skin tissue
- Detoxifies the lymphatic system and removes impurities
- Encourages collagen and elastin production
- Improves body acne, keratosis pilaris, and rough texture
- Targets cellulite and poor skin tone on thighs and arms
- Suitable for backs, chests, buttocks, or full body areas
- Promotes visibly smoother and healthier skin

### Areas Treated

*Back, Chest, Buttocks, Arms, Thighs, Legs, Abdomen, Shoulders*

## DMK Enzyme Therapy Skin Revision

DMK Enzyme Therapy is a professional skin revision system designed to restore the natural processes of the skin using transfer messenger enzymes. These enzymes stimulate circulation, oxygenation, and lymphatic drainage while working with the body's own chemistry to rebuild stronger, healthier skin. The treatment includes a unique tightening mask that sets firm on the face and neck, promoting internal function and detoxification. Suitable for a range of conditions including acne, pigmentation, premature ageing, and reactive skin, it provides a true inside-out approach to skin health.

### Benefits

- Stimulates oxygenation and cellular metabolism
- Encourages lymphatic drainage and detoxification
- Strengthens weakened or compromised skin
- Treats acne, rosacea, pigmentation, and dullness
- Improves skin function at a cellular level
- Firms, lifts, and refines overall appearance
- Restores barrier integrity and hydration balance

### Areas Treated

*Face, Neck, Jawline, Décolletage, Back, Shoulders, Chest, Arms*



## EMS (Electro Muscle Stimulation)

EMS (Electro Muscle Stimulation) is a non-invasive treatment that uses electrical impulses to stimulate muscle contractions, replicating the natural action of the central nervous system. This technology targets deep muscle fibres that are difficult to reach through traditional exercise, promoting muscle strengthening, fat burning, and improved definition. By increasing local circulation and metabolic activity, EMS also aids in detoxification and lymphatic drainage. Sessions are customisable to focus on toning, lifting, or rehabilitation, offering both aesthetic and functional benefits with no recovery time required.

### Benefits

- Stimulates deep muscle contractions for enhanced tone
- Supports fat reduction and body contouring
- Improves local circulation and metabolic activity
- Strengthens muscles without physical strain
- Aids in detoxification and lymphatic drainage
- Enhances core stability and posture
- Provides targeted, pain-free muscle re-education

### Areas Treated

*Abdomen, Buttocks, Thighs, Arms, Back, Flanks, Calves*

## IPL Ellipse

IPL Ellipse is a targeted light-based treatment that uses Intense Pulsed Light technology to treat uneven pigmentation, sun damage, and superficial vascular lesions. The system delivers precisely filtered pulses of light that penetrate the skin without harming surrounding tissue, breaking down excess melanin and coagulating unwanted blood vessels. Over time, the body naturally eliminates these fragments, resulting in a clearer, more even-toned complexion. The treatment is non-invasive, quick, and requires minimal downtime, making it suitable for both facial and body areas affected by pigmentation or blemishes.

### Benefits

- Breaks down excess melanin for even skin tone
- Reduces redness, thread veins, and capillaries
- Minimises the appearance of sun damage
- Targets age spots, freckles, and pigmentation
- Stimulates collagen production for firmer skin
- Quick sessions with minimal discomfort
- Safe, non-invasive solution for complexion clarity

### Areas Treated

*Face, Neck, Décolletage, Hands, Arms, Back, Shoulders, Legs*

## IPL Ellipse / Diode Laser Hair Removal



IPL Ellipse and Diode Laser Hair Removal treatments are advanced methods for long-term reduction of unwanted hair using targeted light-based technology. The IPL (Intense Pulsed Light) system emits controlled pulses of broad-spectrum light, while diode lasers use a single wavelength of laser energy to penetrate hair follicles. Both technologies work by targeting melanin within the hair shaft, heating and destroying the follicle to inhibit future growth. The diode system includes a cooling handpiece for enhanced comfort, making it a safe, efficient, and virtually pain-free experience suitable for all skin types with correct settings and professional assessment.

### Benefits

- Long-term reduction of unwanted hair
- Suitable for large and small body areas
- Quick and efficient treatment sessions
- Minimal discomfort with diode cooling technology
- Helps reduce ingrown hairs and irritation
- Customisable to skin and hair type
- Smooth, hair-free skin with consistent treatments

### Areas Treated

*Face, Upper Lip, Chin, Neck, Underarms, Arms, Chest, Back, Abdomen, Bikini Line, Brazilian, Buttocks, Legs, Hands, Feet*

## Lutronic™ EnCurve

Lutronic™ EnCurve is a non-invasive body contouring treatment that utilises radiofrequency (RF) energy to selectively target and eliminate adipocytes (fat cells) through apoptosis, the body's natural cell death process. Using specialised 27.12 MHz RF technology, it safely heats subcutaneous fat to 45°C while maintaining skin surface comfort with integrated cooling. The contactless applicators deliver consistent energy, making the procedure ideal for contouring larger areas such as the abdomen and flanks. EnCurve is pain-free, requires no downtime, and helps reduce stubborn fat resistant to diet and exercise.

### Benefits

- Destroys fat cells through targeted apoptosis
- Non-contact, comfortable, and pain-free sessions
- Helps contour and sculpt the body safely
- Enhances skin firmness through gentle heating
- Ideal for patients with stubborn fat deposits
- No need for compression garments or recovery
- Suitable for various body types and skin tones

### Areas Treated

*Abdomen, Flanks, Thighs, Hips, Back, Upper Arms, Waist*

## Massages & Spa Treatments

Massages & Spa Treatments offer a restorative experience focused on deep relaxation, detoxification, and skin revitalisation. These services include a variety of body massage styles such as Swedish, deep tissue, and aromatherapy, combined with therapeutic spa elements. Treatments are designed to ease muscular tension, stimulate lymphatic drainage, and promote circulation. This category also includes body scrubs to exfoliate and renew the skin, nourishing body wraps, and facial SPA packages to deliver a full-body sense of well-being. Each service is tailored to individual needs and performed in a calming, serene environment.

### Benefits

- Reduces stress and promotes deep relaxation
- Alleviates muscular pain, knots, and stiffness
- Stimulates lymphatic flow and detoxification
- Improves skin texture, tone, and hydration
- Supports circulation and cell regeneration
- Includes body scrub and relaxing body wraps
- Facial SPA packages enhance skin and mood

### Areas Treated

*Back, Legs, Arms, Feet, Abdomen, Neck, Shoulders, Face*

## Medical Fat Freezing COOLTECH™



Medical Fat Freezing with COOLTECH™ is a clinically proven, non-invasive fat reduction treatment that uses advanced cryolipolysis to target and eliminate stubborn fat cells. By applying precise cooling to specific areas of the body, fat cells are crystallised and broken down without damaging surrounding tissues. These destroyed cells are then naturally removed through the lymphatic system over the following weeks. COOLTECH™ features dual applicators for efficient treatment and is known for its medical-grade safety profile, consistent results, and ability to treat multiple body zones in one session.

### Benefits

- Targets localised fat resistant to diet and exercise
- Reduces fat layers permanently with visible sculpting
- No surgery, needles, or downtime required
- Clinically backed and medically certified device
- Dual applicators treat two areas simultaneously
- Smooths and contours body silhouette
- Comfortable and efficient with long-lasting results

### Areas Treated

*Abdomen, Flanks (Love Handles), Inner Thighs, Outer Thighs, Upper Arms, Bra Fat, Back Rolls, Under Buttocks (Banana Roll), Hips*

## MelanoPeel

MelanoPeel is a powerful depigmentation treatment designed to target and reduce various types of hyperpigmentation, including melasma, sunspots, age spots, and post-inflammatory pigmentation. This medium-depth peel combines a synergistic blend of depigmenting acids, antioxidants, and brightening agents that work by inhibiting melanin production at the cellular level. It offers both exfoliating and pigment suppressing effects, making it highly effective in evening out skin tone while stimulating collagen renewal for smoother, clearer skin. MelanoPeel is suitable for most skin types and offers gradual but visible results with minimal downtime.

### Benefits

- Effectively reduces hyperpigmentation and dark spots
- Brightens and evens out overall skin tone
- Stimulates collagen for firmer, smoother texture
- Targets melanin at the source to prevent recurrence
- Suitable for melasma, sun damage, and PIH
- Improves skin clarity and radiance over time
- Can be used in conjunction with at-home maintenance

### Areas Treated

*Full Face, Neck, Décolletage, Hands, Cheeks, Forehead, Chin, Nasolabial Folds, Jawline, Acne Scars, Pigmented Lesions*

## Morpheus8



Morpheus8 is a minimally invasive fractional treatment combining microneedling with radiofrequency (RF) energy to remodel and contour the face and body. It targets the deeper layers of the dermis, delivering RF energy via gold-coated needles to stimulate collagen and elastin production while tightening the skin. This dual-action approach addresses fine lines, wrinkles, acne scars, skin laxity, and uneven texture with minimal downtime. Morpheus8 is suitable for various skin types and is advised with PRP (Platelet-Rich Plasma) for enhanced healing and amplified rejuvenation effects.

### Benefits

- Combines microneedling and RF for dual-action skin renewal
- Stimulates collagen, elastin, and fibroblast activity
- Improves wrinkles, skin texture, and acne scarring
- Tightens sagging or ageing skin on face or body
- Reduces pore size and enhances overall tone
- Suitable for all Fitzpatrick skin types
- Advised with PRP to boost results and healing

### Areas Treated

*Face, Neck, Jawline, Décolletage, Abdomen, Arms, Thighs, Buttocks, Knees*

## PRP & PRF

PRP (Platelet-Rich Plasma) and PRF (Platelet-Rich Fibrin) therapies are advanced autologous treatments that use components of your own blood to naturally regenerate skin, promote collagen synthesis, and improve tissue repair. PRP is a concentrated plasma rich in growth factors, while PRF contains a fibrin matrix that releases healing factors more slowly over time, enhancing longevity and efficacy. These treatments are ideal for rejuvenating the skin, reducing scars or pigmentation, stimulating hair growth, and improving elasticity. PRP and PRF can be injected, microneedled, or applied topically depending on the area and indication.

### Benefits

- Stimulates natural collagen and elastin production
- Rejuvenates skin texture and tone
- Reduces fine lines, pigmentation, and scarring
- Improves skin elasticity and firmness
- Promotes healthy hair growth in thinning areas
- Safe and biocompatible with minimal risk
- Supports long-term tissue repair and renewal

### Areas Treated

*Face, Neck, Décolletage, Scalp, Jawline, Eye Area, Hands, Stretch Marks, Acne Scars, Surgical Scars*

## PRX-T33

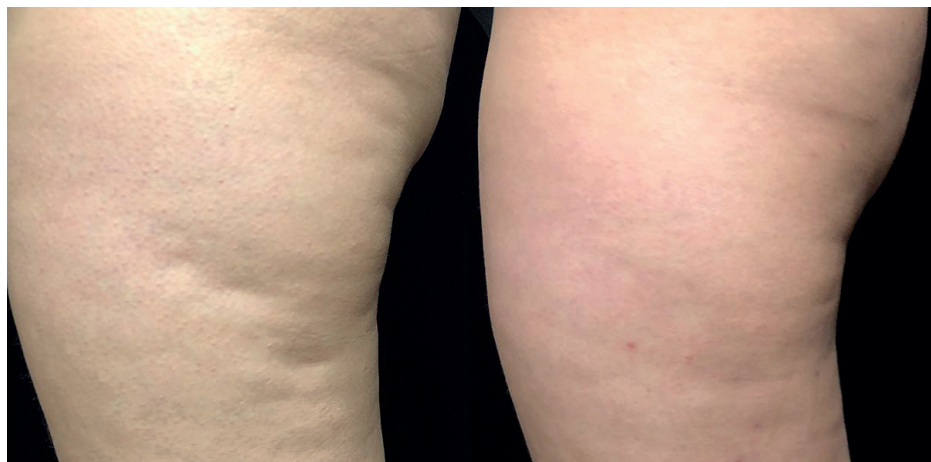
PRX-T33 is an advanced skin biorevitalisation treatment that delivers the benefits of a medium-depth chemical peel without causing visible exfoliation or surface peeling. The formulation combines 33% TCA (trichloroacetic acid), hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), and kojic acid, allowing it to deeply stimulate the dermis while protecting the epidermis. This unique synergy enhances collagen and elastin production, improves skin firmness, and revitalises dull or photoaged skin. It is ideal for clients seeking skin tightening, texture refinement, and rejuvenation with zero downtime and no needle intervention.

### Benefits

- Stimulates dermal collagen without surface damage
- Improves skin tone, texture, and luminosity
- No visible peeling or flaking during recovery
- Safe for all skin types and seasons
- Minimises enlarged pores and fine lines
- Effective on delicate or sensitive facial areas
- Painless procedure with no social downtime

### Areas Treated

*Full Face, Neck, Décolletage, Hands, Eye Area, Forehead, Cheeks, Nasolabial Folds, Jawline, Chin, Acne Scars, Stretch Marks*

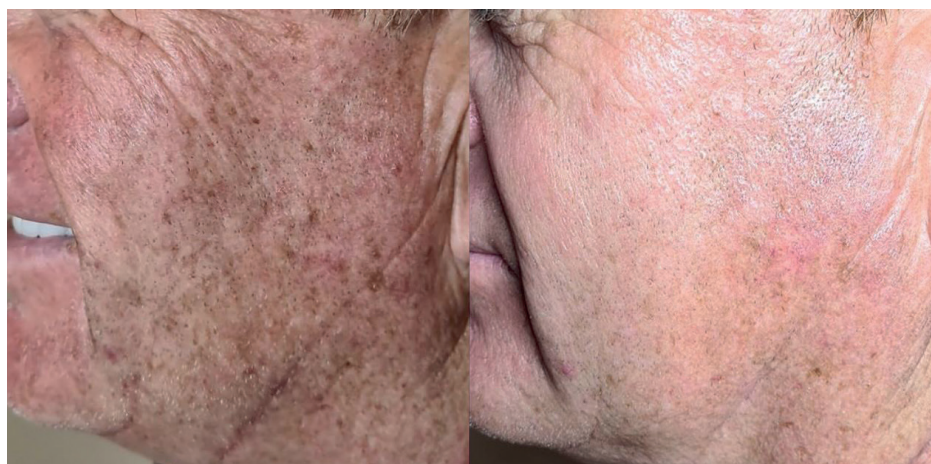


















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